

CLAIMS:

1. A method for the treatment of nonalcoholic steatohepatitis comprising:
administering a pharmaceutically acceptable formulation for oral administration to a
5 human in need thereof wherein the formulation is comprised of:
a dietary lecithin supplement,
a vitamin B complex, and
an antioxidant.
2. The method of claim 1 wherein the dietary lecithin supplement is comprised of a
10 granulated phospholipid fraction of soya lecithin containing at least 50% phosphatidylcholine, at
least 5% lysophosphatidylcholine and no more than 30% phosphatidylethanolamine.
3. The method of claim 1 wherein the B complex is comprised of a combination of two or
more compounds selected from the group consisting of vitamin B-1, vitamin B-2, vitamin B-3,
vitamin B-5, vitamin B-6, vitamin B-7, and vitamin B-12.
- 15 4. The method of claim 1 wherein the antioxidant is comprised of vitamin C.
5. The method of claim 1 wherein the antioxidant is comprised of vitamin E.
6. The method claim 1 wherein the antioxidant is comprised of selenium yeast.
7. The method of claim 1 wherein the step of administering the formulation for oral
administration is comprised of administering between approximately 15 to 50 grams.
- 20 8. The method of claim 1 wherein the dosage of the combination of the antioxidant and the
B vitamin complex is between approximately 675 to 4050 milligrams.

9. The method of claim 1 wherein the formulation for oral administration is prepared as a daily dosage of approximately 20 grams of lecithin and 1350 milligrams of the combination of antioxidants and B vitamin complex.

10. The method of claim 1 wherein the formulation further comprises vitamin A.

5 11. The method of claim 1 wherein the formulation further comprises folic acid.

12. The method of claim 1 wherein the pharmaceutically acceptable formulation for oral administration comprises a pill.

13. The method of claim 1 wherein the pharmaceutically acceptable formulation for oral administration comprises a liquid.

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